

American Red Cross First Aid with CPR and AED

Individuals will be instructed by a certified ARC instructor using the ARC training materials .

Training will include:

***Basic First aid techniques with hands on demonstrations**

*** Hands on CPR training using modern equipment**

*** Hands on use of AED (Automatic Emergency defibrillator)**

Course also includes discussion on practical applications of lesson learned and how to apply them to everyday situations.

A 2 year certificate is presented for successful completion of First Aid portion.

A 1 year certificate is presented for successful completion of CPR/AED portion.

Re-certification are offered also.